

The Basics



Who:

Teen girls between the ages of 13-17 who have experienced sexual assault or sexual abuse of any kind at any point in their life.

What:

A healing and supportive group for teen girl sexual abuse survivors. Sexual abuse is any kind of showing or touching of private parts that is unwanted, or being forced, manipulated or coerced to do something sexual.

When:

The group is held on Thursdays from 4-5:15 pm.

Where:

We meet in a cozy group room with couches & snacks at the ywca of clark county, 3609 Main Street Vancouver, WA 98663.

eliminating racism
empowering women
ywca

ywcaclarkcounty.org



In partnership with


CHILDREN'S
HOME SOCIETY
Washington

childrenshomesociety.org

Teen Girls Support Group

A support group for survivors of sexual assault.



eliminating racism
empowering women
ywca

3609 Main Street
Vancouver, WA 98663

(360) 696-0167

24 hr. hotline 695-0501

Questions

Does it Cost Anything?

No!!! The group is totally free!

Do I Have to Share?

We ask that each girl share their name and age and how they knew or did not know their abuser. As far as sharing more about your story, it is completely up to you. You get to choose what information you share.

Is it Confidential?

Your information with us is entirely confidential. The only exception are things that fall under state mandatory reporting guidelines (like someone being abused or planning on harming themselves). We respect everyone's privacy and maintain trust in the group and ask all members to do the same.



Benefits



After a sexual assault you likely feel a mix of emotions including fear, shame, sadness, anger, and loneliness. This group provides a safe place to come and meet with others who understand what you are going through. The group helps you deal with these emotions while celebrating your strength and survival skills. You get the unique opportunity to share and support other girls who have been through similar situations.

An additional perk for coming to group is that we have some delicious snacks each week provided by The Community Foundation Youth Philanthropy Fund!



Topics

Topics we may cover in group include:

- ~ How abuse affects self-esteem
- ~ Choosing who and how to tell
- ~ Acknowledging survival tools



- ~ Healthy relationships
- ~ Building support
- ~ Physical and emotional healing
- ~ Growing stronger and moving forward